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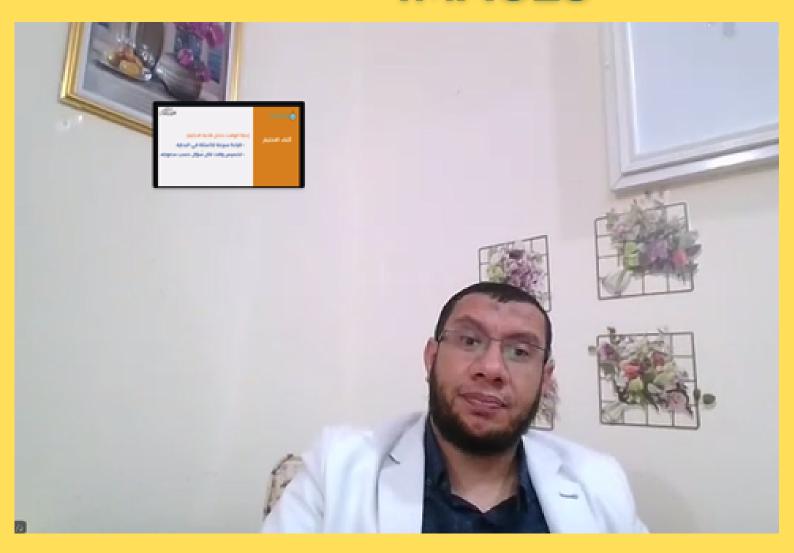
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Dr. Mahrous Suleiman Family Educational Consultant and Trainer

The lecturer talked about the mechanism of dealing with tests, starting with preparation, thinking, and the mechanism of storing information.

He also mentioned the difference between the mind and thought, and how to acquire skills and recall information, and the importance of creating a conceptual map for that, and he also explained how to acquire skills and store them in the brain.

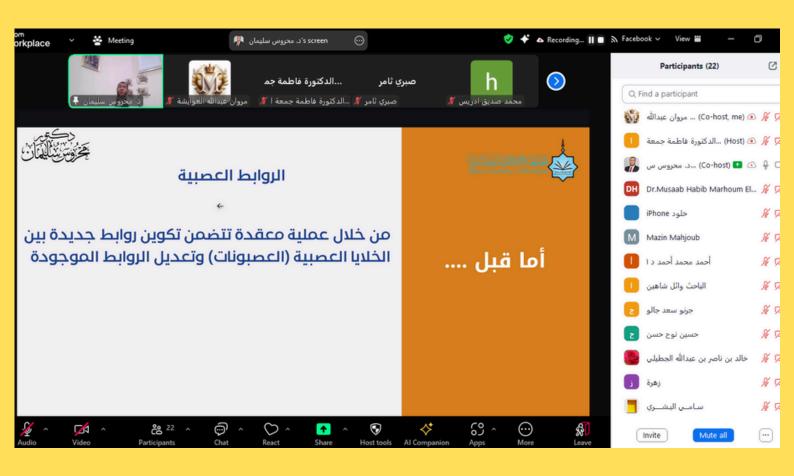


كيف يخزن المعلومات والمعارف؟

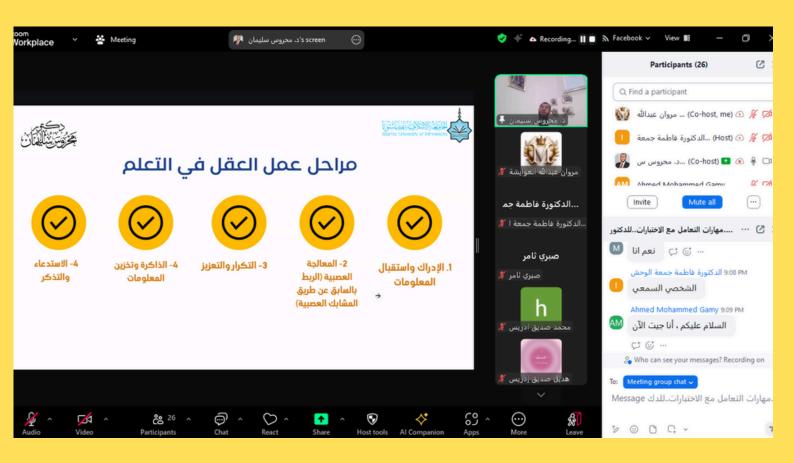
كيف يكتسب المهارات؟

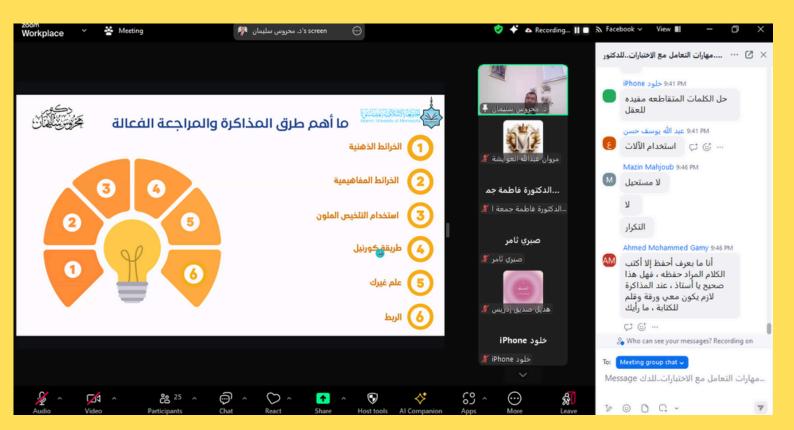
كيف يستدعي المعلومات؟

أما قبل













TOPICS

- The trainer explained the mechanism of the mind, the method of storing information, acquiring skills, and ways to deal with it.
- The trainer explained the stages of storing information and the way the mind deals with it.
- He explained that studying any subject that is not important in your opinion is not to retain information, but rather to improve and develop the thinking process.
- The trainer explained that developing higher processes increases neural connections, which improves the thinking mechanism and increases the complexity of brain processes.
- The trainer explained ways to stimulate the brain and increase neural connections
- The trainer explained the stages of learning the mind
- The trainer explained the types of memory and the differences between them
- The number of attendees was 42 people from inside and outside the university

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الجـامعة الإسـلامية بمنيسوتا Islamic University of Minnesota المركــــــــــــز الرئيــســــــــي IUM